



## 9<sup>th</sup> Annual SLS 2018 Backpack Challenge



### Rattler Ramble

All right you tail-gate campers. Time to get serious. We are heading back to "Rattlesnake Country" - to experience the benefits of lightweight hiking. We will be hiking on crown land through the bush following markers. There is very little "trail" involved making the going a lot rougher than previous years.

**Who?:** This is open to "fit" Scouters and senior (Venturer/Rover) youth.

**Where?:** Crown land in Go Home Lake Rd area. Trailhead will be parking lot on Minors Bay Rd. (Same parking lot as for Winter Lune-Icey)

(Take Hwy 400 to exit 177 (RR 32 - Hwy 38 Go Home Lake Rd). Turn Left and follow Go Home Lake Rd over Hwy 400 approximately 1.8 K to fork in road. Take left onto Minors Bay Rd. Parking lot will be on your right. You will see garbage and recycle containers at entrance to parking lot. )

**When?:** **Saturday, Sat Sep 22-Sun Sep 23.** Meet for weigh-in at 9AM

**Cost?:** \$10 paid to me to hold your spot to be in the challenge. I would like the money by Sunday, Sept16. Nothing (food or gear) is provided, so bring what you need.

**So these are "The Rules"**

- 1) all hikers to come self contained and carry their own gear. (exception for the Gold challenge)
- 2) all hikers to start with **at least 2 liters of water** (more is allowed)
- 3) all hikers to have: - some means of treating additional water, **Water is available but should be filtered and treated.**
- 4) all hikers to have: - a small personal first aid kit (boo boo kit/ouch kit/ whatever) to handle small mishaps \*\* NOTE - we will have one larger group kit with us, for larger emergencies
- 5) all hikers to have: - a whistle, knife, compass/(I'll get you a map), matches, flashlight/headlight, **(A flashlight is real important for the evening)**
- 6) all hikers to have: - some type of shelter for sleeping.
- 7) all hikers to have: - protection from the rain (read that as "bring a rain coat) and head gear appropriate for the weather.
- 9) "highly" recommended that all hikers should plan on **long pants and hikers** as the terrain and critters require it. (no sandals)
- 10) all hikers to be at the trail head, ready to leave (means you must have already "weighed in") by 9:30 AM
- 11) all hikers must have a hot dinner, cooked on site, Saturday evening. **Let's be innovative. Please no foil pouch pre-made dinners! (Requires a stove - no cooking over campfire)**

**Bronze Challenge:** For the first -timers, your challenge is to be completely self-contained. Anything you need for the trip (food, water, equipment, clothing, shelter, pack) is in your 25 lbs.

**Silver Challenge:** If you've already attended this camp once, join the Silver Challenge. The weigh-in for you is Friday evening (Sept 29) when you arrive. You need to camp for 2 evenings under 25 lbs. (Friday night will be a rough campsite. No campfire, outhouses or thunderboxes)

**Gold Challenge:** For the returning multi-year participants. Good news - you get to pair up with a friend. The challenge is that you need to split the combined weight of **35 lbs.** into 2 packs (included in that weight) that you each are carrying. (each participant is still expected to carry 2L of water at weigh-in)

You should plan on eating all day, while on the trail. Dinner in camp on Saturday night is cooked on a stove (one of the challenges) and Sunday morning we intend to get up early, tear down, have breakfast and be on the trail by 7!! **Think light weight!** Your whole "PACK WEIGHT" must be under 25lbs (that means everything you wear, carry, eat/consume (OK your boots don't count...and a "light" base layer too) Camping can be cool at nights at this time of year, remember this when you are "tossing stuff out of your pack"! Also make sure that what you bring is functional. This is a self-contained hike, so no toy Compasses, whistles, lights etc. What you bring should be what you would bring if you were on your own. We will be asking you to show us your essential gear (Water, Whistle, Light, Compass, Knife, Water treatment, Stove, First Aid, Fire source) at weigh-in so don't bury it in your pack. 😊

Same as always, we will have a number of challenges throughout the trip. 😊

Challenge 1: "Feather-weight" (lightest pack)

Challenge 2: "Waking up Dry" (Best Shelter)

Challenge 3: "Pyromania" challenge (2 match, 1 match, no match - firelighting categories)

Challenge 4: "Gourmet challenge" (most interesting dinner - must be heated & visually appealing. Again - store bought freeze-dried meals don't count)

**This is a Scouting event - all Scouts Canada rules apply.**  
**Get your paperwork into your Group Commissioner!**

Contact me if you have any questions. Maximum 20 campers. We fill up quick, first registered... goes.

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Shirley